I. turnus

KRASOKORČULIARSKY CAMP BREZNO 2016 / SLOVAKIA
FIGURE SKATING CAMP BREZNO 2016 / SLOVAKIA

ICE / DANCE / GENERAL TECHNICAL TRAINING - GTT

MEAL STRAVA				
	Štadión	06:30 - 08:45	11:30 - 14:00	17:30 - 20:00
	Hotel	07:30 - 09:00	13:00-14:00	17:30 18:30

Deň	Typ	06:00-07:00	07:00-08:00	08:00-09:00	09:00-10:00	10:00-11:00	11:00-12:00	12:00-13:00	13:00-14:00	14:00-15:00	15:00-16:00	16:00-17:00	17:00-18:00	18:00-19:00	19:00-20:00	20:00-21:00	21:00-22:00
25.07.2016 Monday Pondelok	ICE Ľad	06:00-06:45 B / ICE	06:45-07:30 C / ICE	07:45-08:30 A / ICE	08:30-09:15 3 / ICE	H O K E J		12:00-12:45 2 / ICE	12:45-13:30 1 / ICE	13:45-14:30 3 / ICE	14:30-15:15 4 / ICE	15:30-16:15 1 / ICE	16:15-17:00 2 / ICE	H O K E J		19:45-20:30 4 / ICE	20:30-21:30 IT
	Dance Tanec				08:30-09:15 4 / D	09:25-10:10 2 / D	10:20-11:05 1 / D 11:15-12:00 3 / D										
	GTT VTP									14:15-15:00 2 / GTT	15:05-15:50 3 / GTT		17:15-18:00 1 / GTT		18:45-19:30 4 / GTT		
26.07.2016 Tuesday Utorok	ICE Ľad	06:00-06:45 B / ICE	06:45-07:30 C / ICE	07:45-08:30 A / ICE	08:30-09:15 3 / ICE	H O K E J		12:00-12:45 2 / ICE	12:45-13:30 1 / ICE	13:45-14:30 3 / ICE	14:30-15:15 4 / ICE	15:30-16:15 1 / ICE	16:15-17:00 2 / ICE	H O K E J		19:45-20:30 4 / ICE	20:30-21:30 IT
	Dance Tanec				08:30-09:15 4 / D	09:25-10:10 2 / D	10:20-11:05 1 / D 11:15-12:00 3 / D										
	GTT VTP									14:15-15:00 2 / GTT	15:05-15:50 3 / GTT		17:15-18:00 1 / GTT		18:45-19:30 4 / GTT		
27.07.2016 Wednesday Streda	ICE Ľad	06:00-06:45 B / ICE	06:45-07:30 C / ICE	07:45-08:30 A / ICE	08:30-09:15 3 / ICE	H O K E J		12:00-12:45 2 / ICE	12:45-13:30 1 / ICE	13:45-14:30 3 / ICE	14:30-15:15 4 / ICE	15:30-16:15 1 / ICE	16:15-17:00 2 / ICE	H O K E J		19:45-20:30 4 / ICE	20:30-21:30 IT
	Dance Tanec				08:30-09:15 4 / D	09:25-10:10 2 / D	10:20-11:05 1 / D 11:15-12:00 3 / D										
	GTT VTP									14:15-15:00 2 / GTT	15:05-15:50 3 / GTT		17:15-18:00 1 / GTT		18:45-19:30 4 / GTT		
28.07.2016 Thursday Štvrtok	ICE Ľad	06:00-06:45 B / ICE	06:45-07:30 C / ICE	07:45-08:30 A / ICE	08:30-09:15 3 / ICE	H O K E J		12:00-12:45 2 / ICE	12:45-13:30 1 / ICE	13:45-14:30 4 / ICE	14:30-15:30 IT	REGENERATION, EXCURSION, SWIMMING POOL REGENERÁCIA, VÝLET, PLAVÁREŇ				20:00-21:00 IT	
	Dance Tanec				08:30-09:15 4 / D	09:25-10:10 2 / D	10:20-11:05 1 / D 11:15-12:00 3 / D										
	GTT VTP				09:00-09:45 1 / GTT	09:50-10:35 3 / GTT	10:40-11:25 2 / GTT 11:30-12:15 4 / GTT										
29.07.2016 Friday Piatok	ICE Ľad	06:00-06:45 B / ICE	06:45-07:30 C / ICE	07:45-08:30 A / ICE	08:30-09:15 3 / ICE	H O K E J		12:00-12:45 2 / ICE	12:45-13:30 1 / ICE	13:45-14:30 3 / ICE	14:30-15:15 4 / ICE	15:30-16:15 1 / ICE	16:15-17:00 2 / ICE	H O K E J		19:45-20:30 4 / ICE	20:30-21:30 IT
	Dance Tanec				08:30-09:15 4 / D	09:25-10:10 2 / D	10:20-11:05 1 / D 11:15-12:00 3 / D										
	GTT VTP									14:15-15:00 2 / GTT	15:05-15:50 3 / GTT		17:15-18:00 1 / GTT		18:45-19:30 4 / GTT		
30.08.2016 Saturday Sobota	ICE Ľad	06:00-06:45 B / ICE	06:45-07:30 C / ICE	07:45-08:30 A / ICE	08:30-09:15 3 / ICE	H O K E J		12:00-12:45 2 / ICE	12:45-13:30 1 / ICE	13:45-14:30 4 / ICE							
	Dance Tanec				09:30-10:15 1 / D 4 / D	10:30-11:15 2 / D 3 / D											